



# How to be an Ally

## Toolkits and Activities for Action

- [Ten simple rules for building an anti-racist lab](#)
- [Inclusive Scientific Meetings: Where to Start](#)
- [Cultural Competency Education for Researchers: A Pilot Study Using a Neighborhood Visit Approach](#)
- [50 Ways to Combat Gender Bias](#)
- [Sustaining the Black Lives Matter movement in the workplace](#)
- [Employee Resource Group Toolkit](#)
- [Locking in your leadership - Toolkit for developing a diversity and inclusion strategy](#)
- [Navigating the conflict Zone and Becoming an Ally](#)
- [Bystander Intervention - Step Up! Facilitator Guide](#)
- [Guide to allyship](#)